

<b>Course Title:</b> Addressing Attention Deficits in the Classroom	
<b>Number of Content Modules:</b> 5	<b>Grade Levels:</b> K-12
<b>Questions:</b> 1-855-498-4400 <a href="mailto:PD@TeachnKidsLearn.com">PD@TeachnKidsLearn.com</a>	<b>TKL Catalog:</b> <a href="https://teachingknowledgeloop.com/external-catalog">https://teachingknowledgeloop.com/external-catalog</a>

### Course Description

This course on attention deficit hyperactivity disorder (ADHD) will provide educators with the knowledge and skills necessary to effectively support students with ADHD in the classroom.

The course will focus on key strategies for helping students with ADHD develop self-management and self-regulation skills, including techniques for improving organizational skills and time management. Educators will learn about instructional strategies and accommodations they can use to support students with ADD in the classroom, including the use of visual aids, modifications to the learning environment, and incorporating hands-on and experiential learning activities.

In addition, the course will cover the importance of creating an inclusive and equitable learning environment for all students, with a particular emphasis on ensuring that students with ADHD have full access to the curriculum and can participate fully in all classroom activities.

Throughout the course, educators will have the opportunity to reflect on their teaching practices and develop a plan for effectively supporting students with ADHD in their classrooms. The goal of the course is to empower educators to become confident and competent educators who can create inclusive and supportive learning environments for students with variable attention.

## Course Objectives

**CO.1:** Educators will structure a predictable, welcoming, and affirming learning environment to provide equitable access to learning for students with learning exceptionalities and variable attention. (Danielson Component # 2a, 2b,3c & 4e)

**CO.2:** Educators will distinguish how student identity along the diversity dimensions of learning exceptionalities, learning preferences, race, gender, ethnicity, and cultural background influence learning. (Danielson Component #1b, 2b, 3c & 4e)

**CO.3:** Educators will evaluate the ways personal identities, cultural backgrounds, and biases of teachers influence equitable teaching practices and learning opportunities for students from historically underserved and marginalized groups. (Danielson Component #1b, 2a & 4e)

**CO.4:** Educators will apply techniques for teaching self-management and self-regulation to students with variable attention to promote adaptive behavior and minimize distractions. (Danielson Component #2a, 2d, & 3c)

**CO.5:** Educators will use culturally responsive strategies that help students direct their attention and sustain focus on relevant learning tasks. (Danielson Component #1a, 1b, 2a, 2b, 3c & 4e)

**CO.6:** Educators will incorporate movement to meet the needs of students with hyperactivity without disrupting the learning of other students. (Danielson Component #1b, 2a, 2b, 2d, & 3c)

**CO.7:** Educators will apply strategies to help students with variable attention organize their materials and structure independent learning tasks. (Danielson Component #1b, 2b, 2c, 3d, 3e & 4e)

**CO.8:** Educators will implement culturally responsive strategies to strengthen reading, writing, and mathematics skills in students with variable attention. (Danielson Component #1a, 1b, 1e, 2b, 3c, & 4e)

**CO.9:** Educators will apply strategies for increasing self-efficacy and self-regulation in learners with variable attention. (Danielson Component #1b, 2a, 2d, 3c & 4e)

**CO.10:** Educators will develop home-school partnerships using asset-based, culturally responsive approaches when communicating with families. (Danielson Component # 1b, 2a, 3a, 3c, 4c, & 4e)

# Course Outline

## Course Introduction Module

Course available completely online  
(24/7 and Self-Paced)

Assignments due by the end of the term.

### Module Topics

In this module, you will learn about the course set-up, expectations for learning and collaborating, meet your colleagues, and reflect on your prior knowledge about teaching with artificial intelligence.

- Course Navigation & Methodology
- Course Description
- A Transformative Approach to Education
- Expectations and Community Agreements for Engaging in Brave Dialogue
- Community Building Circle: Course Story
- Course Objectives

## Module 1: Culturally Responsive Approaches to Diversity, Equity, and Inclusion

### Module Topics

Educators will explore how critical consciousness can help us surface and combat implicit bias to create equitable and inclusive learning environments.

#### Section 1: Critically Conscious Educators

- Reflect on It! Beliefs and Assumptions About Attention Deficits Shape Practice (15 min.)
- Learn About It! Introduction to Attention Deficits (15 min.)
- Practice It! Characteristics of Attention Deficits (1.5 hr.)
- Learn About It! Influence on Culture of Teaching and Learning (30 min.)
- Learn About It! Critical Consciousness, Race, and Equity (45 min.)
- Reflect on It! Implicit Bias: Peanut Butter, Jelly, and Racism (45 min.)
- Learn About It! ADHD Prevalence, Diagnosis, and Treatment (5 hr.)
- Learn About It! Myths and Facts About Attention Deficits (30 min.)
- Reflect on It! Using an Asset-Focused Lens on Attention Deficits (15 min.)

#### Section 2: Equitable Learning Practices for Students with Variable Attention

- Learn About It! Strategies for Supporting Learners with Variable Attention (15 min.)
- Learn About It! Designing Equitable Learning Environments (30 min.)
- Learn About It! Distraction is the New Normal (15 min.)
- Reflect on It! Focus Amid Distraction (30 min.)
- Practice It! Supporting Students with Variable Attention (1 hr.)

## Module 2: Self-Management and Self-Regulation

### Module Topics

In this module, you will learn to design a classroom environment that supports learning and fosters belonging. You will also explore proactive strategies for managing and redirecting maladaptive behaviors.

#### Section 1: Creating a Supportive Classroom Environment

- Learn About It! Learning in an Inclusive Community (15 min.)
- Practice It! Identifying and Addressing Distractions (30 min.)
- Learn About It! Getting Off to a Good Start (30 min.)
- Learn About It! Identity and Belonging (30 min.)
- Reflect on It! Reducing Stress with a Mistake-Friendly Environment (30 min.)
- Practice It! Student Interview and Observation (2 hrs.)

#### Section 2: Managing Behaviors

- Learn About It! Classroom Management Tips (15 min.)
- Reflect on It! Responsive Classroom Management (30 min.)
- Reflect on It! Collaborative Learning Environments (30 min.)
- Reflect on It! Creating Space for Reflection (30 min.)
- Learn About It! Is Fidgeting in Class Bad? (30 min.)
- Learn About It! Movement in the Classroom (30 min.)
- *Master It!* Proactive Classroom Management (1 hr.)

## Module 3: Developing Organizational Skills

### Module Topics

In this module, you will learn strategies for helping students with variable attention stay organized and on task at home and at school.

#### Section 1: Helping Students Get Organized for Learning Success

- Learn About It! Importance of Executive Function (15 min.)
- Reflect on It! Emotional Regulation (30 min.)
- Learn About It! Evidence-Based Strategies to Support Academic Learning (45 min.)
- Learn About It! Multi-Tiered Systems of Support (30 min.)
- Practice It! Time Management (1 hr.)

#### Section 2: Helping Students Develop Organizational Skills

- Reflect on It! Effective Organizational Skills (15 min.)
- Reflect on It! Organization and Executive Function (30 min.)

- Learn About It! Developing Long-Term Organizational Habits (30 min.)
- Learn About It! Note Taking (15 min.)
- Learn About It! Sketchnoting (30 min.)
- Reflect on It! Organizing Tasks and Notetaking (30 min.)
- Learn About It! Communication Between Home and School (30min.)
- Master It! Identifying and Addressing Organizational Needs (2 hr.)

## Module 4: Instructional Strategies that Promote Access and Equity

### Module Topics

In this module, you will learn strategies for developing reading, writing, and math skills in students with variable attention.

#### Section 1: Supporting Success in Reading and Writing

- Learn About It! Reading Strategies for Students with Variable Attention (30 min.)
- Reflect on It! Motivating Students with Culturally Responsive Book Choices (30 min.)
- Learn About It! Learning Preferences for Students with Variable Attention (30 min.)
- Reflect on It! Strategies for Supporting Reading (30 min.)
- Learn About It! Reading Strategies That Create Effective Readers (30 min.)
- Reflect on It! Strategies for After Reading (30 min.)
- Learn About It! Helping Students Organize Their (30 min.)
- Reflect on It! Identifying Needs in Writing (30 min.)

#### Section 2: Helping Students Succeed in Math

- Learn About It! Identifying Math Needs (1 hr.)
- Learn About It! Math as a Social Activity (30 min.)
- Reflect on It! Boosting Math Engagement (1 hr.)
- Master It! Creating a Math Lesson Plan (2.5 hrs.)

## Module 5: Creating Inclusive Learning Environments

### Module Topics

In this module, you will learn to create learning environments that promote learning and feelings of belonging. You will demonstrate your learning from the course by creating a profile and success plan for a student with variable attention.

#### Section 1: Developing a Warm, Inclusive, and Affirming Environment

- Learn About It! Connectedness to Create an Inclusive and Affirming Community (30 min.)
- Learn About It! Cultural Competency (30 min.)

- Reflect on It! Gifted And... A Story About Twice-Exceptionality (30 min.)
- Learn About It! When Stress Becomes Toxic (30 min.)
- Reflect on It! Helping Students Manage Assessment (30 min.)
- Practice It! Inclusive and Affirming Classroom Environments (1 hr.)

### **Section 2: Learner Identity and Variable Attention**

- Reflect on It! Cole’s Story – A Parent’s Viewpoint (30 min.)
- Learn About It! Good Thinking – That’s So Meta (Cognitive)! (30 min.)
- Learn About It! Strategies for Culturally Competent Teachers (30 min.)
- Reflect on It! Creating Identity Safe Classrooms (30 min.)
- Master It! Learner Profile and Success Plan (3.5 hrs.)
- Reflect on It! Beliefs and Assumptions Shape Practice (30 min.)

## **Course Wrap-Up Module**

### **Module Topics**

In the Course Wrap-Up Module, you will reflect on your self-efficacy for mastering the course objectives.

### **Section 1: Summative Course Reflection**

- Master It! Summative Course Reflection [30min]
- Reflect on It! Course Evaluation and Feedback [30min]
- Learn about It! Course Reference List